



Health Policy

Smoking

- The Doubleview Carine Cricket Club is a smoke free zone.
- All areas including the bar, kitchen, balcony and change rooms are smoke free.
- The Doubleview Carine Cricket Club will not promote or sell tobacco related products.
- All smoke free areas are clearly marked.
- Those who choose to smoke are directed to a smoking area to the east of the pavilion. Please use the butt trays.

Alcohol

- Our healthy club policy exists in conjunction with our restricted liquor license.
- The Doubleview Carine Cricket Club has a range of light and non-alcoholic drinks that are priced accordingly.
- Un-bottled water is available free of charge to Members and visitors.
- In keeping with our liquor license, the Doubleview Carine Cricket Club Committee Members are responsible servers and are under instruction not to serve under aged or intoxicated Members or visitors.
- Drinking is not permitted by Doubleview Carine Cricket Club players during scheduled hours of competition play and may not be removed from the designated drinking areas.
- The Doubleview Carine Cricket Club in accordance with the Liquor Licence rules now has a number of responsible servers. These servers have undergone the appropriate training as required by law. It is their job to serve alcohol and administer the rules of the House.
- A new Monyash Reserve Hall Policy has been adopted and works in conjunction of this policy.

Drugs

- Use of illicit drugs or performance enhancing drugs by any Doubleview Carine Cricket Club Member is not tolerated.
- In the case of injury, the Doubleview Carine Cricket Club has preferred providers of medical services and any treatment involving medication is undertaken strictly under supervision.

Sun Protection

- Doubleview Carine Cricket Club coloured hats with club logos are readily available for purchase.

- Doubleview Carine Cricket Club playing shirts are also available for purchase.
- Materials used in the Doubleview Carine Cricket Club playing shirts have UV block ratings.
- Sun cream is provided to all teams and at the main club for Members and visitors.
- The Doubleview Carine Cricket Club has available portable marquees that may be used by the club Members when travelling to grounds without shade.

Sports Safety

- Doubleview Carine Cricket Club coaching staff are in charge of training schedules and content.
- Before coaches are employed by the Doubleview Carine Cricket Club they must conform to best practises that would involve but not be limited to warm ups, cool downs and injury preventative training.
- Protective head gear, protective pads for batsmen and wicket keepers is available, on request, for all Doubleview Carine Cricket Club teams.
- The supply of protective boxes and gloves are the responsibility of the individual players.
- Doubleview Carine Cricket Club players are not allowed to enter the game arena without a minimum of pads, gloves and box.
- Helmets are optional but highly recommended.
- The Doubleview Carine Cricket Club prepares its own playing and training turf wickets at Monyash Reserve and the City of Stirling maintain the outfield. The Curator check both the pitch and outfield prior to play to ensure the facilities are safe.
- First aid kits are supplied in all team bags by the Doubleview Carine Cricket Club.
- The Doubleview Carine Cricket Club has a public liability insurance policy.
- The Doubleview Carine Cricket Club has access to numerous sports injury specialists including physiotherapists, podiatrists and chiropractors. These professionals may visit the Club through the season and provide their services to Members. They may also liaise with the Doubleview Carine Cricket Club coaches from time to time when the health and wellbeing of a Member is in question.

Healthy Eating

- Kitchen facilities are available and the menu is discussed with the Doubleview Carine Cricket Club Committee before implementation.
- No deep fried food is available at the club.
- Food is available free on function nights to promote healthy eating whilst drinking.
- All food used in the kitchen is cooked fresh on site and uses fresh produce.

The Doubleview Carine Cricket Club Committee will promote and encourage healthy living at all times and address deficiencies in the policy as required.